Prepared by Michelle Fisher



Phone: 413 423-3326

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### Tuesday, October 2<sup>nd</sup>–Friday, October 5th Book Fair in the School Library

### Wednesday, October 3rd

"Savings Makes Cents" Open House 6:30-8

### Monday, October 8th

No School Columbus Day

### Sunday, October 14th

CNC Playgroup 9:30-12:00

### Monday, October 15th

PTO Meeting 6pm

### Friday, October 19th

Curriculum day No School for students

### Thursday, October 25th

All School Sing 2:30 in the gym

### Friday, October 26th

Math Coffee Hour 8:30-9:30 in the conference room

### Tuesday, October 30th

Picture Retakes



Dear Families and Friends of Erving Elementary School,

I look forward to seeing you at our Open House on Wednesday, October 3. The evening will begin at 6:30pm in the Cafeteria. Please note that classrooms will not be open until the meeting in the cafeteria has finished. During Open House, we would like to provide parents and guardians with the opportunity to select a teacher conference time by signing a sheet located inside your child's classroom. The sign-up sheet will allow you to sign your name beside a particular day and time. As in past years, Open House is a special event where the whole community turns out to reminisce, share stories about their own time at Erving Elementary School, and of course witness the incredible work of our children. Our cafeteria staff will be providing samples of baked goodies that are being incorporated into our new breakfast and lunch menu.

Staying with the subject of food! I love seeing our children gather for a family-style breakfast and lunch. It often reminds me of the days when our own family gets together to celebrate. Gathering the whole family around a big table for a family meal is such an incredible moment. Many would say that such a meal is food for the spirit and welfare of the family. I love it when our family gets together. The table is dressed, the food is served, and the conversation begins. Laughter fills the air as we reminisce over times gone by; grandchildren call for quiet while they deliver their story to all of the adults who stare intently at them, and then burst into applause and laughter. Sitting back and admiring the scene brings immense pleasure. Dinner seems to last forever, which is not all that bad, when you consider they are few and far between these days. When was the last time your whole family sat down

together for a family meal? I realize that family time can prove impossible with our modern, diverse lives. Dr. Anne K. Fishel, co-founder of The Family Dinner Project wrote, "Time is certainly one of the biggest obstacles to families gathering for dinner. If you think of family dinner as a time to nourish your family, prevent all kinds of problems, increase your children's cognitive abilities, and provide pleasure and fun that they can build on for the rest of their lives, a nightly meal is an efficient use of time."

We often found ourselves asking how to get the children invested in family dinnertime. One strategy we used in our home was to serve simple dishes that our children wanted to cook, or at least help prepare. Dr. Fishel explains, "Most children like to help and should be encouraged to do so. The trick is figuring out which tasks are developmentally right for your child. Even young children can be asked to sprinkle a seasoning, stir a stew, or rinse vegetables. Elementaryaged kids can set and clear the table, pour the drinks and be involved in some food preparation. Many adolescents view cooking as an avenue of self-expression and may relish the idea of making a meal or a portion of a meal. Sharing in all the tasks of dinner—grocery shopping, menu planning, cooking, serving and cleaning up—only makes this more of a family event. If someone is feeling overburdened, the roles and tasks should be reexamined and distributed more equitably. Everyone's dinner will be enhanced by more members contributing and by no single member feeling resentful."

EES is looking into how our students can experience cooking and preparing meals. We are developing an Experiential Learning Program, where students will examine many of the tasks listed by Dr. Fishel. I hope that one day we may be able to have more family-style lunches, resembling our Thanksgiving meal.

We continue to recognize students and members of the community who are making a difference in the lives of others. At our All-School-Sing on Thursday I had the pleasure of recognizing 2 students. Both happen to be in grade 3! Sophie has launched a website that focuses on saving the planet from a litter problem. You can visit Sophie's site, located at

www.cleanearthclub.wordpress.com

Ava spends her time visiting Christian, a seven year-old boy who has Muscular Dystrophy, and is supported 24/7 by a ventilator. Ava brings books and her upbeat humor to Christian, who loves to greet her with his 'dancing eyes'. Together they spend nights reading

stories, listening to music and sharing special moments. When we talk about the power of reading, here is an amazing lesson for us all. Thank you Ava for using reading to brighten up a day.

Have a lovely weekend. Our family will be walking in support of Down syndrome on Saturday. Maybe I can share a picture with you next week.

Sincerely,

Jim Trill



### **Math Coffee Hour!**

Teachers, math coach and administrators would like to invite family and community members to join us for our monthly "Math Coffee Hour". It's an opportunity to ask questions and to learn more about elementary mathematics. The structure is very informal. We offer coffee, light refreshments and a chance to look at and experience the mathematics that our students are thinking about in the classroom. Last year we had a great time meeting and talking with families. We hope you will be able to join us this year!

The dates for our math coffees are:
Friday October 26
Friday November 30
Friday January 25
Friday March 1
Friday March 29
Friday April 26
Friday May 31

### Hello From Molly Alvin, School Psychologist



Dear Families,

Hello! I am thrilled to be your new School Psychologist. I am replacing beloved Pam Ososky, who retired in June. I have a background teaching first grade and teaching mindfulness to students of all ages. I recently finished my doctorate degree in School Psychology from the University of Massachusetts Amherst, during which I worked in several local public schools.

I am excited to be part of this beautiful school community in Erving, and am grateful for all the wonderful staff members who have made me feel very welcome! During the year, I will work with many teachers, families and students, to help all students thrive in school. This means doing well in school, having fun, having friends, and developing resilience! I look forward to working together, and please don't hesitate to call me (extension 234) or email me (alvin@erving.com). I hope to meet you soon!

With best wishes, and happy Fall, Molly Alvin, School Psychologist



Hello From After School.

Great start to the year this year. We have been busy doing the following activities. The Smurfs and popcorn on a Wednesday to keep these active students entertained. We did minute to win it cup-stacking challenge with Everett being the big winner. Dodgeball day for some of the students and others enjoyed time in the Art room where we set up Lego adventures, free art

drawing time, bracelet making and board games. This week the students were able to make balloon rockets. Jacksons went the furthest as he launched it off of the structures outside. Activities this week also included STEAM Popsicle stick bridges, newspaper towers and made a monster out of felt.

I want to take a minute to introduce Sierra to the program. Sierra is a GGC student with experience working with students in summer camp programs. Sierra will work along side of Taylor and Collin this year. All of the kids have enjoyed having her complete the team. Next week students can look forward to Simple Science how to make a hovercraft, coffee filter art, play dough adventures, and Q-tip art.

Looking forward to all the fun adventures next week will bring,

Michelle Fisher



A big thanks to those parent volunteers who showed up Monday night to pull weeds on the track. Mr. Trill showed up with a few of the after school kids to help with the task. The track looks amazing.



Thank you to the family's who were able to help with the mum fundraiser. This year the mums were purchased from Mill Farm and they are absolutely stunning.



Monday October 15<sup>th</sup> is the next PTO meeting. We will be discussing Original Works, which is our next big fundraiser.



### Our First All School Sing





Students and staff enjoyed our first all school sing. Bazooka Bubble Gum being the student's favorite song ©







During all school sing we took a few moments to recognize two of our students for helping out other is a very special way. Ava was awarded a certificate from Mr. Trill for helping a child with MD through reading



while her mother cares for him

We also recognized Sophie for helping to keep the world clean and initiating a clean up club. Sophie shared with the school all of the ways we can make a difference and beautify our earth.



### <sup>6th</sup> Grade Spends Week At Nature's Classroom

Our 6th Graders spent last week at Nature's Classroom, at Sargent Center, in Hancock, NH, where students were brought out of the classroom and into the wilderness to learn cool and interesting information about science, social studies, physical education, as well as experience social and emotional growth. Students studied trees and plant life, aquatic bug life, and learned to live like pioneers. They also climbed a three-story tower and zip-lined a distance of 200 feet! Their minds and bodies grew through hands-on learning experiences!







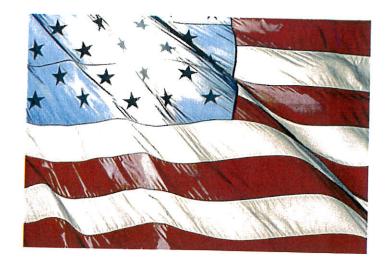








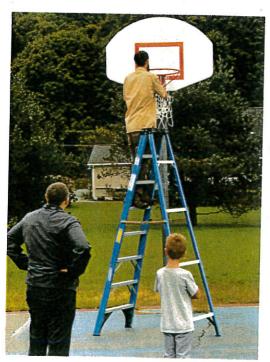




### Veterans day is coming.

We at Erving Elementary School pride ourselves in honoring all of our local Veterans. We will again be hosting a Veterans Day Celebration. November 9th 2018 we invite all veterans to our school to be honored by our students and staff. If you or a loved one is a Veteran and would like to come to our celebration please contact Michelle Fisher at 413-423-3326 ext 222 or email at fisher@erving.com. We will have additional information closer to this event.

Our new Custodian Eric helps "Anonymous" donors replace basketball netting Thursday evening. The students give a big Thank you!!







### Important Book Fair Information

WHEN:

Tues., Oct. 2: 8:30 am-3:30 pm

Thurs., Oct. 4: 8:30 am-3:30 pm

Wed., Oct. 3: 8:30 am-1:30 pm

Friday, Oct. 5: 8:30 am-4:00 pm

AND Open House: 6:30-8:00 pm

### WHO:

Students, parents, guardians and Erving community members are welcome to shop at any of the times listed above

### HOW:

- · Cash, credit cards and checks are accepted.
- Checks should be made out to *EES* with "Library" in the memo line.
- Families can send a check with special instructions for how students can use it.
- Kids can get change back with a check, just like cash.

### WHY:

- Because all proceeds benefit special library programs like our annual Spring Book Party and invited authors, illustrators & story-tellers.
- Because kids who read, succeed as citizens of the world, so the more books we can put into their hands, the more places they can explore!





any questions? please contact Ms. Urban, Librarian phone: 423-3326 ext. 103 or email: urban@erving.com

# October - Prek & Klunch 2018

Alrerndiive	Monday	Tuesday	Wednesday	Thursday		
					глаау	Salad Bowl
Tomato soup w/ham & cheese sandwich, fruit & veg of the day & milk	Chicken corn chowder, steamed broccoli, breadstick diced peaches & milk	Soff beef faco w/sour cream, salsa & cheese, leffuce, corn & black bean salad, pineapple chunks & milk	Chicken stir fry w/noodles, cinnamon spice carrot fries, mandarin oranges & milk	4 Beefed up cheesy mac w/corn, fresh Clarkdale apple & milk	Cheese or Pepperoni pizza, wax beans, diced pears & milk	Taco salad w/salsa & cheese, corn chips, black beans, sour cream, fruit & veg of the day & milt.
Turkey & cheese sandwich, w/fruit & veg of the day & milk	Columbus Day No School	Homemade beef chill w/shredded ched cheese, corn bread muffins, fresh Clarkdale pear & milk	Chicken & cheese quesadillas w/sour cream salsa, raw red & orange pepper strips from Dan's veggies, hummus, pineapple & milk	Ham & cheese in a blanket, oven fries, diced peaches & milk	Cheese or Pepperoni pizza, green beans, fresh apple & milk	
Home made vegetable soup w/ham & cheese sandwich, fruit & veg of the day & milk	Chicken Filet on a wg roll, seasoned broccoli, fresh melon & milk	Beef & gravy over noodles, com & black bean salad Clarkdale apple & milk	17 Ham & cheese bagel melt, baked sweet potato fries, fresh orange wedges & milk	Chicken pot pie w/buttermilk biscuits, peas, diced pears & milk	19 Curriculum Day No School	Romaine salad w/diced chicken, chick peas, fruit & veg of the day &
Toasted cheese sandwich w/fruit & veg of the day & milk	Garlic breadsticks  w/marinara sauce & parm cheese, yogurt, steamed broccoli, Clarkdale pear & milk	23 Tuna boat w/three bean salad, fresh orange wedges & milk	Chicken fajita w/sour cream, salsa, cheese, sliced carrots, mixed fruit & milk	25 Chicken Patty on wg roll, oven potato, mandarin oranges & milk	26 Cheese or Pepperoni pizza, wax beans, diced pineapple & milk	milk Caesar chicken salad w/parm cheese, kidney beans, fruit & veg of the day & milk
Chicken noodle soup w/cotlage cheese & wg crackers served w/fruit & veg of the day & milk	Broccoli stir fry w/chicken, brown rice, pineapple & milk	Ham & potato bake, corn & black bean salad, breadstick, mandarin oranges & milk	Goolish pasta w/meat sauce, creepy carrots, pumpkin squares & milk	Nov. 1 Salisbury steak & mashed potato w/a homemade roll, fresh Clarkdale apple & milk	Nov. 2 Cheese or Pepperoni pizza, green beans, diced peaches & milk	Southwest salad w/fajita chicken, black beans & corn, salsa, corn chips, fruit & veg of the day & milk

notice. All salads are served with a protein such as yogurt, meat/meat alternative, cheese or egg. Salad is made with romaine lettuce. \$.50 for milk w/home lunch All sandwiches are made using whole grain bread, salad is served with a whole grain breadstick & whole grain croutons. Each meal is served with a choice of 1% white, skim, 1% choc or fat free strawberry milk. Water is available during meal, but must be taken in addition to milk. All meals are subject to change without

## THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

## October -

Tuesday Wednesday	Wednesday 3	e day	Reefed	Thursday 4	Friday 5 Cheese or Pepperoni	Salad Bowl Taco salad w/salsa &
namon es, iges &	e, w/noodles, cinnamon spice carrof fries, e mandarin oranges & milk		Z ≪ C a	w/corn, fresh juicy Clarkdale apple & milk	pizza, wax beans, diced pears & milk	cheese, corn chips, black beans, sour cream, fruit & veg of the day & milk
Columbus Day Homemade beef chili Chicken & cheese H w/shredded ched quesadillas w/sour cheese, corn bread cream salsa, raw red & drange pepper strips, pear & milk	Chicken & cheese quesadillas w/sour cream salsa, raw red & orange pepper strips, pineapple & milk	2 %	TOO	Ham & cheese in a blanket, oven fries, diced peaches & milk	Cheese or Pepperoni pizza, green beans, juicy Clarkdale apple & milk	Fresh salad w/diced chicken, mandarin oranges, craisins, chick peas, homemade croutons, fruit & veg of the day & milk
Chicken Filet on a wg roll, seasoned broccoli, juicy Clarkdale apple & protato fries, fresh melon & milk milk	16 Ham & cheese bagel melt, baked sweet & potato fries, fresh orange wedges & milk	7	0 /	Chicken pot pie w/buttermilk biscuits, peas, diced pears & milk	Curriculum Day No School	Romaine salad w/diced chicken, chick peas, fruit & veg of the day & milk
4	n a Chicken fajita w/sour cream, salsa, cheese, sliced carrots, juicy Clarkdale apple & milk	4	0	25 Chicken Patty on wg roll, oven potato, mandarin oranges & milk	26 Cheese or Pepperoni pizza, wax beans, diced pineapple & milk	Caesar chicken salad w/parm cheese, kidney beans, fruit & veg of the day & milk
Broccoli stir fry W/chicken, brown rice, wedges & milk  Toasted cheese & Goolish pasta w/meat tomato soup, orange suce, creepy carrots, pumpkin squares & milk	Goolish pasta w/mea sauce, creepy carroit pumpkin squares & m	31 Goolish pasta w/meat sauce, creepy carrots, pumpkin squares & milk		Nov. 1 Salisbury steak & mashed potato w/a homemade roll, fresh Clarkdale apple & milk	Nov. 2 Cheese or Pepperoni pizza, green beans, diced peaches & milk	Southwest salad w/fajita chicken, black beans & corn, salsa, corn chips, fruit & veg of the day & milk

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## October - Breakfast 2018

Alternative	Monday	Tuesday	Wednesday	Thursday		
			_	ADDELOTION	Friday	
Assorted cereal, fruit & milk	Bagel w/cream cheese, fruit & milk	2 Pancakes, syrup, fruit & milk	Sausage, egg & cheese bake, toast w/butter, fruit & milk	4 Waffles, syrup, fruit & milk	Blueberry smoothie w/graham crackers,	
	8 Columbus Day No School	9 French toast, syrup, fruit & milk		Homemade pancakes w/real maple syrup, fruit &	strawberry smoothie w/graham crackers, fruit & milk	
	15	71		milk	The second	
	Homemade Granola bar, yogurt, fruit & milk	Waffles, syrup, fruit & milk	17 Scrambled eggs & toast, fruit & milk	18 French toast, syrup, fruit & milk	19 Curriculum Day No School	
	22		The second secon	The second secon		
	English muffin w/sun buffer, banana & milk	23 Homemade pancakes w/real maple syrup, fruit & milk	24 Ham, egg & cheese bake, toast, fruit & milk	25 Waffles, syrup, fruit & milk	26 Peach smoothie w/graham crackers, fruit & milk	
	29	CC			The second secon	
	WG homemade breakfast muffin, cheese stick, fruit & milk	French toast bake, fruit & milk	31 Scrambled eggs w/ a ½ English muffin, fruit & milk	Nov. 1 Homemade pancakes w/real maple syrup, fruit &	Nov. 2 Blueberry smoothie W/graham crackers, fruit & milk	
Breakfast is served with	a choice of 1% or skim n	nilk. Water is available	Breakfast is served with a choice of 1% or skim milk. Water is available during the control of the choice of 1% or skim milk.	milk		
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test scores as well as decreased tardiness. Students who eat breakfast also show greater improvements in math scores, attendance, punctuality, depression, anxiety According to the Food Research and Action Center students who participate in school breakfast show improved attendance, behavior, standardized achievement

## THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Join the Recreation Commission for....



ctober 27, 2018 at Veterans Park

Join us for our annual **Trunk or Treat** at VETS PARK!! this years Halloween Fun includes:

### Mechanical Bull Rides Giant Obstacle Course

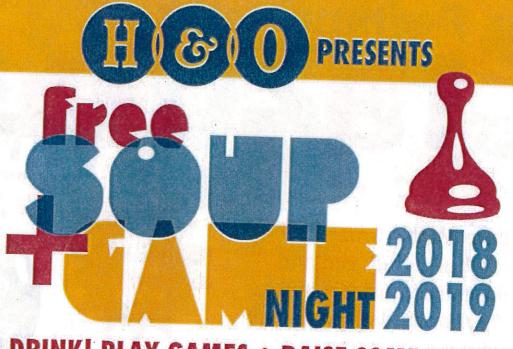
Join the fun by decorating your car and passing out candy to our little goblins. Prizes given for best car!





Enter your car at:

ervingma.myrec.com



### EAT! DRINK! PLAY GAMES + RAISE SOME DOUGH!

SEP 10 (SECOND MONDAY	COOP COMPOST Supporting the local economy through food waste and farms
OCT 1	COMMUNITY NETWORK FOR CHILDREN A hub for support systems for kids
NOV 5	AMANDLA CHORUS A 30 year old globally focused community chorus from Greenfield
DEC 3	THE GARDEN @ COOLEY DICKINSON A center for grieving children and teens
JAN 7	THE BRICK HOUSE Community resource center in Turners Falls
FEB 4	THE SHEA THEATER A community arts center in Turners Falls
MAR 4	VOICES FROM INSIDE A writing group for incarcerated women
APR 1	FRIENDS OF THE NORTHFIELD DICKINSON PUBLIC LIBRARY Support & scholarships for a small public library
MAY 6	FRANKLIN COUNTY PRIDE An LGBTQIA Community Celebration

### Bedtime Math's.

o S club<sup>®</sup>

Join Bedtime Math's Crazy 8s, where you'll build stuff, run and jump, make music, make a mess... it's a totally new kind of math club.

62mph

Math gone wild!

BOUNCY DICE EXPLOSION!

### Be Ahead of the Curve

Space is limited, so be sure to sign up!

For 2nd to 6th Graders at the Erving Public Library October 10, 17, 24. November 14, 21, 28. December 12, 19

Wednesdays at 2:15-3:30 pm You MUST register and plan to attend all sessions. Call 413-423-3348

EES students may take the school bus. This is **not** a school-sponsored event. GLOW IN THE DARK GEOMETRY!

> TOILET PAPER OLYMPICS

28 mph

Will never be the same.

www.bedtimemath.org



### Chess Anyone???



Erving Elementary School is looking for students ages 8 and up who are interested in learning the game of chess.

Chess Club is a program that teaches much more then just the fundamentals of chess. Emphasis is placed on sportsmanship, fair play and learning from one another. The club will meet for 75 minutes each session. The first 20 minutes are a chess lesson; the remainder is open play. All equipment and materials will be provided. The last two sessions will be a competitive tournament involving all participants. Each child playing in the tournament will receive a chess metal at the conclusion.

The cost would be free for students signed up to attend Afterschool, or \$5 per student for each of session (\$25.00 for all 5 sessions).

If you have a student who is interested in this program please fill out the below information and return it to the school by October  $15^{\rm th}$  2018.

Name of	Student	
Grade:		

Please return to Michelle Fisher in the office